

Oak Harbor Youth Sailing 2010 Registration Form

Cost is \$150 which includes book

Please circle
Sail Camp One 6/28 – 7/2
Sail Camp Two 7/12 – 7/16
Sail Camp Three 7/26 – 7/30
Returning Student

Name _____ Birth Date _____ Age as of class date _____

Height _____ Weight _____ Gender M F

Address _____

Parent/Guardian Name _____

Home Phone _____ Work Phone _____ Cell _____

Email address of Parent/Guardian _____

Emergency Contact _____ Phone _____

Medical and Emergency Information

Physical Handicaps (Please specify missing or injured bodily parts, weakness, eye glasses, contacts, hearing aids, etc.)

Please list any physical ailments and medications

Family Physician _____ Phone _____

I hereby authorize Whidbey General Hospital to treat my child if he/she is presented to the emergency room for treatment in my absence.

Signature Parent/Guardian _____

Hold Harmless and Assumption of Risk Release Form

Injuries to participants in small craft programs may occur from risks inherent in the sport or activity; from placing stress on the body that it has not been prepared for; from accidents in learning or practicing techniques; from failing to follow training, safety or racing rules; from use of transportation to and from regattas, races, and other events, and from administration of first aid. For example I might slip and fall; I might be struck by part of a boat; my boat might capsize or I might be thrown overboard into the cold water; I may hit another boat or run into an obstruction or onto the shore, and the collision may injure me. The severity of the injury can range from minor cuts, scrapes, or muscle strains to catastrophic injury such as paralysis or even death. I will be exposed to the weather, including rain, wind, cold, and sun. I might become ill through chill or suffer sunburn and heat exhaustion. In order to avoid injuries, I will obey the directions of my instructors and will follow all the safety rules. I will tell my instructor about any limitations or medical restrictions on my participation.

Student Signature _____ Date _____

I am the parent or legal guardian of the above named child, who desires to be a participant in the Oak Harbor Youth Sailing and City of Oak Harbor sponsored sailing recreational sailing program. I understand there are special risks and dangers inherent in this activity, including but not limited to, the risk of serious physical injury, death or other harmful consequences which may arise directly or indirectly from the child's participation in this activity. Being fully informed as to these risks I, on behalf of myself and on behalf of the above-named participant, assume all risk of injury, damage and harm to the child which may arise from the child's participation. I further agree, individually and on behalf of the above named child, to release and hold harmless the City of Oak Harbor, Oak Harbor Youth Sailing, the Oak Harbor Yacht Club, its officials, employees, volunteers and agents and agree to waive any right of recovery that I may have to bring a claim or lawsuit for damages against them for and personal injury, death or other harmful consequences occurring to the above named child or me arising out of the child's voluntary participation in this activity. I grant my full and voluntary consent for the above named child to participate in the activity described above.

Parent/Guardian Signature _____ Date _____

Please complete a separate form for each child and submit with a check for \$150 made out to: Oak Harbor Youth Sailing. Mail forms to:
OHYS PO Box 2876
Oak Harbor, WA 98277

Oak Harbor Youth Sailing 2010 Statement of Understanding

The basic sailing course you are about to begin is an exciting and demanding challenge, and you need to be aware of what will be involved in the course and be willing to study and practice to achieve success.

Student Agreement:

I understand that in entering this sailing course I agree to obey all program rules as set forth by the program director and the instructors, that I will use the utmost care in the use of the boats and equipment, that I will not engage in any horseplay or other disruptive behavior. I understand that failure to attend regularly, arrive promptly and abide by the rules may result in my suspension from the program

Student Signature _____ Date _____

Parent Agreement:

I understand the contents of this statement and agree to see to it that my child adheres to the program rules. I agree to assume the obligation for the expenses of repair and/or replacement of program equipment that is attributable to my child's reckless or irresponsible behavior. I agree to make an appointment for a parent-instructor conference if requested.

Parent/Guardian Signature _____ Date _____

Oak Harbor Youth Sailing Photo Permission

During this course we will be taking some photographs of the students in action. We would like to use these photos on the Oak Harbor Youth Sailing web site (www.OHYouthSailing.org) to illustrate how we are bringing the joy of sailing to kids. Please indicate below if we have permission to use these photos of your child. We will NOT be including names or other personal information with the photos.

I give Oak Harbor Youth Sailing Inc. permission to use a photograph of my child _____ in a limited fashion on the Club web site.

I DO NOT give Oak Harbor Youth Sailing Inc permission to use a photograph of my child _____ on the Club web site.

signature

date

Keep this page for your information

**Classes run 10AM until approximately 3:30PM
Parents are WELCOME to come and observe**

What to Bring

1. A Coast Guard approved life jacket. Please inform the program director immediately if you do not possess a life jacket and one will be provided for you.
- 2. Sack lunch with extra water and snacks**
3. Change of clothes and towel
4. Sunscreen, sunglasses
5. Hat

Subjects to be Covered

1. How and why sailboats sail
2. Sailing vocabulary
3. How to rig the boat
4. How to steer the boat
5. How to recover from a capsize
6. Basic rules of the road
7. The basic points of sailing and how to trim sails
8. A few of the racing rules
9. How to race (simplified)
10. Sailing games
11. Storing of boats and equipment

Emergency Phone Numbers:

Oak Harbor Yacht Club – 675-1314